THE
FOUR WINDS
Pub & Kitchen

Seasonal Irish Produce
Quality Ingredients • Made Fresh

Menu



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Small Plates

Homemade Soup of the Day 6.99
Freshly prepared every day, served with traditional Irish soda bread and Irish butter.

Pork Croquettes 10.99
Slow-cooked pulled pork croquettes, apple & cider mustard aioli and fresh apple.

Crispy Calamari 10.99
Salt & pepper calamari, lemon herb aioli, shaved fennel salad and charred lemon.

Four Winds Wings 10.99 gf*
Buffalo • Whiskey BBQ • Korean BBQ (GF). Choice of Blue Cheese Ranch or Homemade creamy garlic dip.

Korean Fried Cauliflower 9.99 v gf*
Crispy cauliflower, Korean BBQ glaze, toasted sesame, spring onion and Homemade creamy garlic dip.

Salads

Classic Caesar 12.99
Baby gem, crispy bacon, Parmesan, croutons, soft-boiled egg and house Caesar dressing.
Add grilled chicken 2.00

Irish Goat's Cheese Salad 16.99 gf*
Warm goat's cheese, roasted beetroot, fresh apple, mixed leaves and honey mustard dressing.
Add chicken 2.00

Burrata Salad 12.99 v gf*
Creamy burrata, heritage tomatoes, fresh basil, extra virgin olive oil and aged balsamic.
Add chicken 2.00

House Specialities

Crispy Pork Belly 19.99 gf*
Slow-cooked pork belly, crispy crackling, butter mash, seasonal vegetables and rich cider jus.

10oz Chargrilled Irish Sirloin Steak 32.99 gf*
Irish sirloin, skin-on fries, grilled tomato, sautéed mushrooms and onions, peppercorn sauce or garlic butter.

Signature Steak Sandwich 25.99
Irish sirloin, sautéed mushrooms, red onions, rocket and sweet chilli aioli on toasted ciabatta with fries and pepper dipping sauce.

Atlantic Salmon 22.99 gf*
Pan-roasted Atlantic salmon, crushed baby potatoes, seasonal vegetables and beurre blanc.

Roast Cauliflower Steak 16.99 v gf*
Butter bean purée, charred broccolini, toasted seeds and fresh chimichurri.

Wok-Fried Beef Noodles 20.99
Irish beef, egg noodles, peppers, onions and mushrooms, chefs asian peppercorn and soy glaze, spring onion and sesame.

Pasta & Risotto

Beef Pappardelle 18.99
Slow-braised Irish beef ragù, fresh pappardelle, Parmesan and fresh parsley.

Chicken & Wild Mushroom Tagliatelle 18.99
Grilled chicken, wild mushrooms and garlic, fresh tagliatelle, Parmesan and fresh thyme.

Burrata Pomodoro 17.99 v
Fresh tagliatelle, San Marzano tomato sauce, creamy burrata, fresh basil and Parmesan.

Wild Mushroom & Truffle Risotto 18.99 v
Creamy Arborio rice, wild mushrooms, Parmesan and truffle oil.
Add chicken 4.00

Burgers

Served with Fries

Four Winds Smash 20.99
Irish beef chargrilled smash burgers, mature cheddar, diced onions, pickles and house burger sauce on brioche.

Smokehouse Smash 18.99
Irish beef chargrilled smash burgers, mature cheddar, smoked bacon, whiskey BBQ sauce, tomato and crisp lettuce.

Buffalo Chicken Burger 18.99
Buttermilk chicken breast, Buffalo sauce, ranch dressing, tomato, pickled cucumber and crisp lettuce.

Garden Harvest Burger 18 .99 (V)
Plant-based burger, grilled halloumi, roasted peppers, crisp lettuce and garlic aioli.

Pub Favourites

Slow Braised Beef & Guinness Pie 19.99
Slow-braised Irish beef in rich Guinness gravy, puff pastry, butter mash and seasonal vegetables.

Harbour Fish & Chips 20.99
Beer-battered Atlantic hake, fries, mushy peas, homemade tartare sauce and charred lemon.

Crispy Chicken Goujons 17.99
Buttermilk chicken goujons, fries, house salad and choice of house dip.

Traditional Bangers & Mash 16.99
Irish pork sausages, creamy butter mash, rich onion gravy, garden peas and crispy onions.

Chicken & Wild Mushroom Vol-au-Vent 16.99
Chicken, wild mushrooms and leeks in white wine cream sauce, puff pastry, fries and seasonal greens

Braised Irish Lamb Shank 22.99 (gf*)
Slow-braised lamb shank, creamy butter mash, seasonal vegetables and roast pan gravy.

Loaded Fries

Signature Spice Bag Fries 13.99
Crispy chicken, peppers, onions, house curry sauce, spice bag seasoning and spring onion.

Pulled Pork Fries 13.99
Slow-braised pulled pork, cheddar cheese sauce, whiskey BBQ sauce, crispy onions and spring onion.

Buffalo Chicken Fries 13.99
Crispy Buffalo chicken, blue cheese ranch, celery slaw and spring onion.

Wraps & Toasties

All Served with Fries or House Salad

Crispy Chicken Caesar Wrap 14.99
Crispy buttermilk chicken, baby gem, crispy bacon, Parmesan and house Caesar dressing.

Buffalo Chicken Wrap 14.99
Buffalo chicken, mature cheddar, tomato, red onion, mixed leaves and garlic aioli.

Halloumi & Falafel Wrap 13.99 (V)
Grilled halloumi, crispy falafel, tomato, cucumber, pickled red onion, mixed leaves and garlic aioli.

Classic Toasted Special 8.50 (gf*)
Triple-stacked Irish ham, mature cheddar, tomato and red onion.
Add fries or a mug of soup 3.00

Curries

House Chicken Curry 16.99 (gf*)
Chicken breast and seasonal vegetables in signature curry sauce with fragrant rice and warm naan bread.

Green Garden Curry 16.99 (V) (gf*)
Seasonal vegetables in chefs' green curry sauce with fragrant rice and warm naan bread.

(V) Vegetarian (gf) Gluten Free

Scan QR for Allergens

All our Beef is 100% Irish

Artisan Pizza

12 inch fresh, hand-stretched dough made in house with our own tomato sauce and mozzarella

Margherita 13.99 Fresh basil and extra virgin olive oil. (V)

Pepperoni Piccante 14.99
Pepperoni, hot honey and fresh basil.

Prosciutto & Burrata 17.99
Parma ham, creamy burrata, rocket and Parmesan

Diavola 16.99 Spicy salami, nduja and chilli oil.

The Smuggler 16.99
Slow-braised pulled pork, caramelised onions, smoked cheddar and whiskey BBQ drizzle.

Sides

Fries 3.99
Creamy Mash 3.99
Onion Rings.....3.99
Garlic Bread 3.99
House Salad 3.99
Sweet Potato .....3.99 Fries
Ruby Coleslaw ..2.99
Extra Dip.....0.99

Desserts

Chef's Apple Tarte Tatin 8.99
Warm caramelised apple tart, vanilla ice cream and whiskey caramel.

Campfire Brownie 8.99
Warm Guinness chocolate brownie, toasted marshmallow, whiskey caramel and vanilla ice cream.

Lemon Posset 8.99
Silky lemon posset, fresh berries and shortbread crumb.

Homemade Cheesecake of the Day 8.99
Daily cheesecake served with whipped cream and vanilla ice cream.

Signature Dessert Burger 13.99
A generous, seriously indulgent dessert. Doughnut bun, fudgy chocolate brownie, strawberries, passionfruit, vanilla ice cream and warm cinnamon churros.